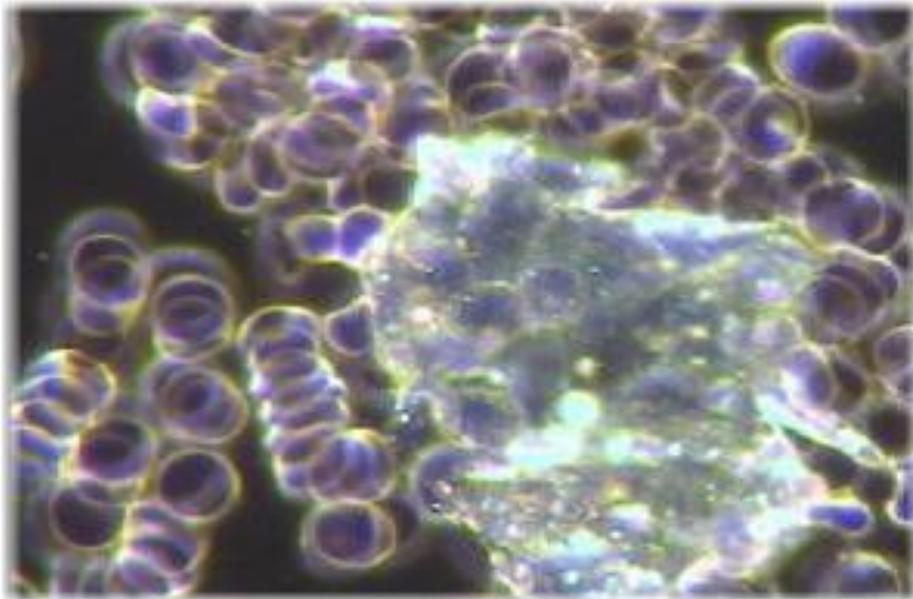


Hijamah Therapy and Blood Picture

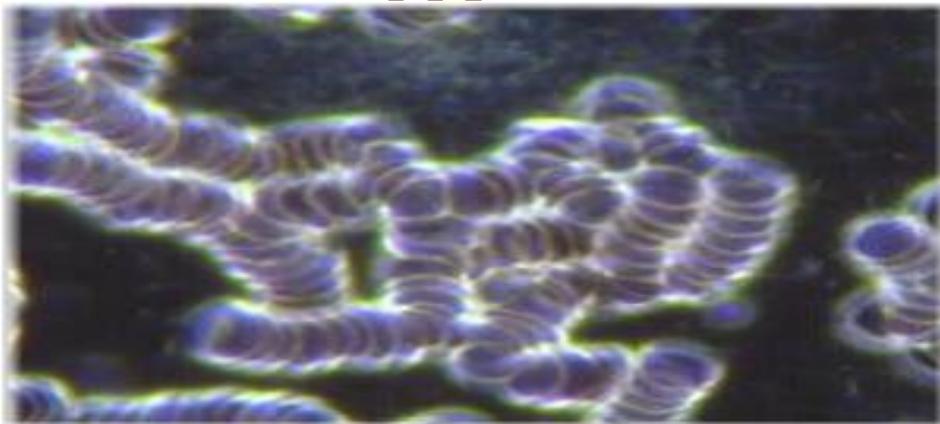


As a naturopath, nutritionist and healer I was intrigued to explore the scientific reasons why the ancient art of cupping or Hijamah therapy was so effective in treating a whole host of ailments and illnesses. The wet cupping I found particularly fascinating and was curious to know more about the blood which was being extracted via the cup from various areas of the body. From this viewpoint I started analyzing the blood under dark field and light field microscopy. This proved very insightful and proved to me something I had suspected. The dry layered blood sample viewed under light field microscopy consistently showed high concentrations of toxic metals and chemicals, as well as showing evidence of bacterial and parasitic activity. The appearance of the live blood under the dark field microscope showed that there were high concentrations of acids and inflammatory proteins often referred to as fibrin. These phenomena were more frequently present when the blood was removed from an area where the patient was experiencing pain and inflammation. I conclude from this that the area of pain appears to act like a magnet for acids, toxins and pathogens. It is therefore very logical to assume that removal of these from the local area will bring about symptomatic relief, while

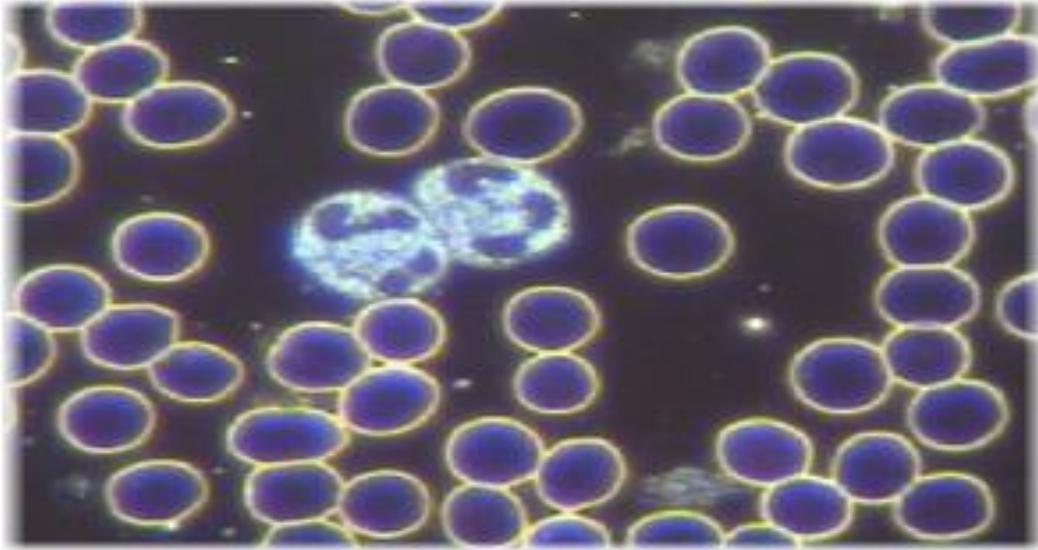
encouraging fresh circulating blood to deliver healing nutrients and oxygen to the affected tissue, thus providing healing and resolution. Together with dietary change, cleansing and detoxification therapy, along with education regarding the avoidance of toxins within the patient's environment, I see Hijama wet cupping as a very effective adjunctive therapy on the path to wellness.



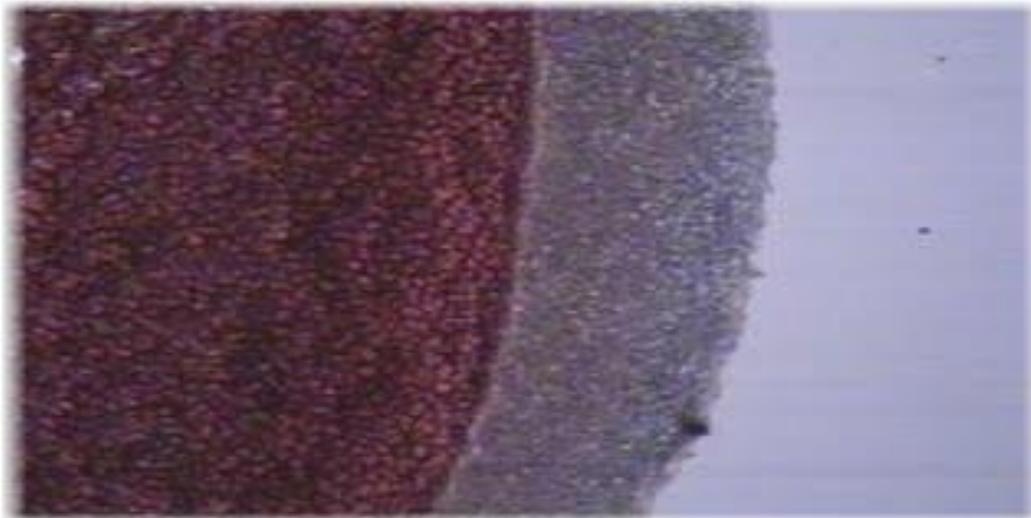
Proteinous waste found in live blood sample viewed under dark field microscopy (This is often found when the diet contains too much cooked food and lacks enzymes for complete digestion)



Rouleaux and Fibrin appearing in Live blood under dark field microscopy (This formation of red blood cells and inflammatory proteins are always present in blood which is overly acidic and infected)



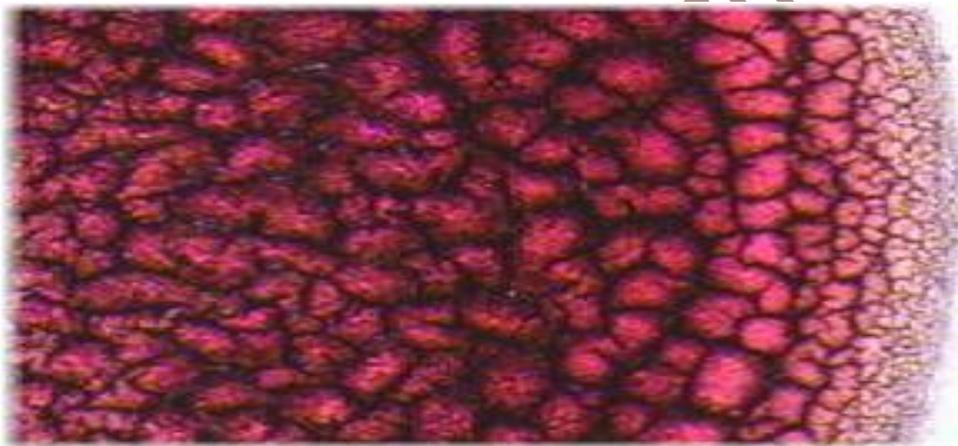
The ideal live blood picture under dark field microscopy. Observe the red cells sitting separately in their own space, therefore having the freedom to travel around the body network of capillaries, which in some cases are one red cell in diameter. Observe the free floating white blood cells known as neutrophils, again having the freedom to patrol around the body searching out toxins and pathogens.)



Toxic metals appearing on edge of dried blood sample under light field microscopy. (The thicker and denser the grey band, the more metals there are in the blood)



Degenerative processes evidenced under light field microscopy (The white lakes seen here indicate that tissues associated with the vascular system have become inflamed and are harbouring atherosclerotic plaques, toxic metals and cholesterol)



How the dry layered blood sample should look under light field microscopy (Observe the absence of any white lakes, the clean finely cut edge showing no toxic metals and the black lines all joining together like a matrix)

Source: ICS Magazine BY David Parker ND

Cupping Operation and its Psychological aspect

The Damascene erudite doctor explained this point by saying: "Cupping is the prophets' advice". For the whole fact, and in implementing this wholesome therapeutic art, which was recommended for application by the most honored prophet Muhammed (SAW), and his followers, the soul of the cupped person tends to follow up that great physician, the physician of the heart (soul), the inclination of the cupped-person's soul towards him while his insights is staring incessantly at the almighty curing Allah, and there is no cure except him, this inclination makes his soul immersed in the almighty's light, therefore the cupped-person's soul is cured by Allah's light forwarded on the Prophet (SAW).

Yes, cupping cures psychic ailments and ignoble characteristics and changes them into the properties of perfection. And because of detestable statuses, and before performing cupping, the cupped-person may have contracted some diseases so as that his heart is to be cured by resorting himself to Allah in order to attaining the recovery. Since he has followed the teachings of Allah as iterated by his most honorable messenger; and his soul has directed itself unconsciously to its creator. His soul has improved and his heart has eavesdropped to the teachings of Allah. After that there is no need for a disease that may protect him from the evils of his spirit and of the acts for his heart has become virtuous. If the heart is reformed, the whole body becomes resistant against diseases.

This psychological advantage has a great effect on recovery according to the tendency towards Allah. If it is strong, the cupped-person is acquitted of all diseases, and all diseases abstain protectively from attacking him. If the tendency towards Allah is feeble, the improvement is relative, but the benefit must be realized whatsoever. Cupping is all helpful. There is no harm at all in applying it. And I think the experiments on cupping for the elapsed century is enough to approve; there is no resulting harm to any person at all from applying it according to its precise rules. Former experiments are the best proof for certainty.

Safa Clinic & Hijamah Center